









ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

ISA Surf & SUP Coach	RLSS Beach Lifeguard	First Aid & Medical	ISA Overseas, Online
Courses Attendance	and SLSGB SCSR	Training Courses	& Private
required	Courses		Courses

DATE	COURSE	VENUE
JANUARY	2026	2026
3 rd — 4 th	ISA Level 1 Surf Coach Award	Online
12 th - 13 th	2 Day ISA Level 1 Surf Coach Course	Magnific Rock, Popoyo, Nicaragua
14 th – 15 th	2 Day ISA/ILS Aquatic Rescue & Water Course	Magnific Rock, Popoyo, Nicaragua
16 th – 18 th	3 Day ISA Level 2 Surf Coach Course	Magnific Rock, Popoyo, Nicaragua
31 st Jan – 1 st Feb	ISA Level 1 Surf Coach Course	Online
FEBRUARY		
16 th – 20 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
18 th – 20 th	3 Day Refresher RLSS Beach Lifeguard	
28 th Feb – 1 st March	ISA Level 1 Surf Coach Award	Online











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Courses Attendance	and SLSGB SCSR	Training Courses	& Private
required	Courses		Courses

MARCH		
10 th – 11 th	ISA Level 1 Surf Coach Course	Salty Jackal, Skeleton Bay Namibia
12 th - 13 th	2 Day ISA/ILS Aquatic Rescue & Water Course	Salty Jackal, Skeleton Bay Namibia
14 th – 16 th	3 Day ISA Level 2 Surf Coach Course	Salty Jackal, Skeleton Bay Namibia
23 rd – 27 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS	Fistral Beach, Newquay, Cornwall, UK
25 27	Beach Lifeguard	
28 th – 29 th	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK











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required	Courses		Courses

APRIL		
4 th – 5 th	2 Day ISA Loyal 1	Fistral Boach
4 - 5	2 Day ISA Level 1	Fistral Beach,
	Surf Coach Course	Newquay, Cornwall, UK
6 th – 8 th	SLSGB 3 Day SLSGB	Fistral Beach,
0 -8		,
	Surf Coach safety &	Newquay, Cornwall,
art art	Rescue Course	UK
6 th – 10 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, Cornwall,
	3 Day Renewal RLSS	UK
8 th – 10 th	NVBLQ Beach	
	Lifeguard	
14 th – 15 th	ISA Level 1 Surf	Baleal Surf Camp
	Coach Course	Peniche, Portugal
16 th – 17 th	ILS / ISA Aquatic	Baleal Surf Camp
	Rescue & Water	Peniche, Portugal
	Safety	
18 th - 20 th	ISA Level 2 Surf	Baleal Surf Camp
	Coach Course	Peniche, Portugal
25 th – 27 th	3 Day ISA Level 2 Surf	Fistral Beach,
	Coach Course	Newquay, Cornwall,
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MAY		
2 nd – 3 rd	2 Day ISA Level 1 Surf	Fistral Beach,
	Coach	Newquay, UK
4 th – 6 th	SLSGB 3 Day SLSGB	Fistral Beach,
	Surf Coach safety &	Newquay, UK
	Rescue Course	
4 th – 8 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, UK
6 th – 8 th	3 Day Refresher RLSS	
	Beach Lifeguard	
9 th - 10 th	2 Day ISA Level 1 Surf	Era & Surf'S Up Surf
	Coach Course	School Collab,
	(TBC)	Polzeath Beach, UK.
11 th – 15 th	5 Day RLSS Beach	Era & Surf'S Up Surf
	Lifeguard Course	School Collab,
	(TBC)	Dalasath Dasah III/
	(IBC)	Polzeath Beach, UK
13 th – 14 th	2 Day ISA Level 1 Surf	Unstad Artic Surf
13 th – 14 th	` '	,
	2 Day ISA Level 1 Surf	Unstad Artic Surf
13 th – 14 th 15 th – 16 th	2 Day ISA Level 1 Surf	Unstad Artic Surf Camp, Lofoten,
	2 Day ISA Level 1 Surf Coach Course	Unstad Artic Surf Camp, Lofoten, Norway
15 th – 16 th	2 Day ISA Level 1 Surf Coach Course 2 Day ILS Aquatic	Unstad Artic Surf Camp, Lofoten, Norway Unstad Artic Surf
	2 Day ISA Level 1 Surf Coach Course 2 Day ILS Aquatic Rescue & Water Safety 3 Day ISA Level 2 Surf	Unstad Artic Surf Camp, Lofoten, Norway Unstad Artic Surf Camp, Lofoten, Norway Unstad Artic Surf
15 th – 16 th	2 Day ISA Level 1 Surf Coach Course 2 Day ILS Aquatic Rescue & Water Safety	Unstad Artic Surf Camp, Lofoten, Norway Unstad Artic Surf Camp, Lofoten, Norway
15 th – 16 th	2 Day ISA Level 1 Surf Coach Course 2 Day ILS Aquatic Rescue & Water Safety 3 Day ISA Level 2 Surf	Unstad Artic Surf Camp, Lofoten, Norway Unstad Artic Surf Camp, Lofoten, Norway Unstad Artic Surf







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Courses Attendance	and SLSGB SCSR	Training Courses	& Private
required	Courses		Courses

May		
23 rd – 24 th	ISA Level 1 Surf	Fistral Beach,
	Coach	Newquay, UK
25 th – 27 th	SLSGB 3 Day SLSGB	Fistral Beach,
	Surf Coach safety &	Newquay, UK
	Rescue Course	
25 th – 29 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, UK
27 th - 29 th	3 Day Refresher RLSS	
	Beach Lifeguard	
30 th May – 1 st June	ISA Level 2 Surf	Fistral Beach,
	Coach	Newquay, UK

JUNE		
6 th – 7 th	2 Day ISA Level 1 Surf Coach	Fistral Beach,
	Course	Newquay, Cornwall,
		UK
8 th – 10 th	SLSGB 3 Day SLSGB Surf	Fistral Beach,
	Coach safety & Rescue	Newquay, Cornwall,
	Course	UK
8 th – 12 th	5 Day RLSS NVBLQ Beach	Fistral Beach,
	Lifeguard	Newquay, Cornwall,
10 th - 12 th	3 Day Refresher RLSS Beach	UK
	Lifeguard	













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required	Courses		Courses

JULY		
4 th – 5 th	ISA Level 1 Surf Coach	Fistral Beach, Newquay,
	Course	Cornwall, UK
6 th – 8 th	3 Day SLSGB Surf Coach	Fistral Beach, Newquay,
	safety & Rescue	Cornwall, UK
6 th – 10 th	5 Day RLSS NVBLQ	Fistral Beach, Newquay,
	Beach Lifeguard	Cornwall, UK
	3 Day Refresher RLSS	
8 th - 10 th	Beach Lifeguard	
AUGUST	No Courses	No Courses











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required	Courses		Courses

SEPTEMBER		
SEPTEIVIDER		
8 th – 9 th	ISA Level 1 Surf Coach Course	Baleal Surf Camp, Peniche Portugal
10 th – 11 th	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp, Peniche Portugal
19 th – 20 th	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
21 st – 23 rd	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
21 st – 25 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
23 rd – 25 th	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK











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required	Courses		Courses

OCTOBER		
2 nd – 4 th	3 Day ISA Level 2 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
5 th – 7 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
7 th – 9 th	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK
10 th - 11 th	2 Day ISA Level 1 Surf Coach	Online
24 th – 25 th	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
26 th – 28 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
26 th – 30 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach Newquay, Cornwall, UK
28 th – 30 th	3 Day Refresher RLSS Beach Lifeguard	











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Courses Attendance	and SLSGB SCSR	Training Courses	& Private
required	Courses		Courses

NOVEMBER		
14 th – 15 th	ISA Level 1 Surf Coach	Online
23 rd – 27 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall
25 th – 27 th	3 Day Refresher RLSS Beach Lifeguard	UK
28 th – 29 th	ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall UK













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Colour Code for Courses

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Courses Attendance	and SLSGB SCSR	Training Courses	& Private
required	Courses		Courses

DECEMBER		
8 th – 15 th	First Aid at Work FAW Course Ski & Snowboard Instructors	Soldeu, Andorra
7 th – 11 th	5 Day RLSS Beach Lifeguard 3 Day Refresher RLSS Beach	Fistral Beach, Newquay, Cornwall,
9 th – 11 th	Lifeguard	UK

Merry Christmas & Happy New year from the Era Team!!