



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

|  |   |                                      |  |
|--|---|--------------------------------------|--|
| ISA Surf & SUP Coach Courses Attendance required | RLSS Beach Lifeguard and SLSGB SCSR Courses | First Aid & Medical Training Courses | ISA Overseas, Online & Private Courses |
|--|---|--------------------------------------|--|

| DATE   | COURSE                                      | VENUE                                |
|--|---|--------------------------------------|
| <b>JANUARY</b>                               | <b>2026</b>                                 | <b>2026</b>                          |
| 3 <sup>rd</sup> – 4 <sup>th</sup>            | ISA Level 1 Surf Coach Course               | Online                               |
| 12 <sup>th</sup> - 13 <sup>th</sup>          | 2 Day ISA Level 1 Surf Coach Course         | Magnific Rock, Popoyo, Nicaragua     |
| 14 <sup>th</sup> – 15 <sup>th</sup>          | 2 Day ISA/ILS Aquatic Rescue & Water Course | Magnific Rock, Popoyo, Nicaragua     |
| 16 <sup>th</sup> – 18 <sup>th</sup>          | 3 Day ISA Level 2 Surf Coach Course         | Magnific Rock, Popoyo, Nicaragua     |
| 31 <sup>st</sup> Jan – 1 <sup>st</sup> Feb   | ISA Level 1 Surf Coach Course               | Online                               |
| <b>FEBRUARY</b>                              |   |                                      |
| 16 <sup>th</sup> – 20 <sup>th</sup>          | 5 Day RLSS NVBLQ Beach Lifeguard            | Fistral Beach, Newquay, Cornwall, UK |
| 18 <sup>th</sup> – 20 <sup>th</sup>          | 3 Day Refresher RLSS Beach Lifeguard        |                                      |
| 28 <sup>th</sup> Feb – 1 <sup>st</sup> March | ISA Level 1 Surf Coach Award                | Online                               |



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|--|---|---|--|

| MARCH  |  |   |
|--|--|---|
| 10 <sup>th</sup> – 11 <sup>th</sup>  | ISA Level 1 Surf<br>Coach Course   | Salty Jackal, Skeleton Bay<br>Namibia   |
| 12 <sup>th</sup> - 13 <sup>th</sup>  | 2 Day ISA/ILS Aquatic<br>Rescue & Water<br>Course                              | Salty Jackal, Skeleton Bay<br>Namibia   |
| 14 <sup>th</sup> – 16 <sup>th</sup>  | 3 Day ISA Level 2 Surf<br>Coach Course   | Salty Jackal, Skeleton Bay<br>Namibia   |
| 21 <sup>st</sup> – 22 <sup>nd</sup>  | ISA Level 1 Surf<br>Coach Course   | Fistral Beach, Newquay,<br>Cornwall, UK |
| 23 <sup>rd</sup> – 27 <sup>th</sup><br><br>25 <sup>th</sup> – 27 <sup>th</sup> | 5 Day RLSS NVBLQ<br>Beach Lifeguard<br>3 Day Refresher RLSS<br>Beach Lifeguard | Fistral Beach, Newquay,<br>Cornwall, UK |



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|--|---|--------------------------------------|--|

| APRIL  |  |                                      |
|--|--|--------------------------------------|
| 4 <sup>th</sup> – 5 <sup>th</sup>  | 2 Day ISA Level 1 Surf Coach Course  | Fistral Beach, Newquay, Cornwall, UK |
| 6 <sup>th</sup> – 8 <sup>th</sup>  | SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course                          | Fistral Beach, Newquay, Cornwall, UK |
| 6 <sup>th</sup> – 10 <sup>th</sup><br>8 <sup>th</sup> – 10 <sup>th</sup> | 5 Day RLSS NVBLQ Beach Lifeguard<br>3 Day Renewal RLSS NVBLQ Beach Lifeguard | Fistral Beach, Newquay, Cornwall, UK |
| 13 <sup>th</sup> – 14 <sup>th</sup>                                      | ISA Level 1 Surf Coach Course  | Baleal Surf Camp Peniche, Portugal   |
| 15 <sup>th</sup> – 16 <sup>th</sup>                                      | ILS / ISA Aquatic Rescue & Water Safety                                      | Baleal Surf Camp Peniche, Portugal   |
| 17 <sup>th</sup> – 18 <sup>th</sup>                                      | ISA Level 2 Surf Coach Course  | Baleal Surf Camp Peniche, Portugal   |
| 21 <sup>st</sup> – 22 <sup>nd</sup>                                      | ILS / ISA Aquatic Rescue & Water Safety                                      | Taghazout, Morocco                   |



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| MAY  |  |   |
|--|--|---|
| 2 <sup>nd</sup> – 3 <sup>rd</sup>                                      | 2 Day ISA Level 1 Surf Coach Course                                      | Fistral Beach, Newquay, UK                              |
| 4 <sup>th</sup> – 6 <sup>th</sup>                                      | SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course                      | Fistral Beach, Newquay, UK                              |
| 5 <sup>th</sup> – 7 <sup>th</sup>                                      | ISA Level 2 Surf Coach Course  | The Wave, Bristol                                       |
| 4 <sup>th</sup> – 8 <sup>th</sup><br>6 <sup>th</sup> – 8 <sup>th</sup> | 5 Day RLSS NVBLQ Beach Lifeguard<br>3 Day Refresher RLSS Beach Lifeguard | Fistral Beach, Newquay, UK                              |
| 9 <sup>th</sup> – 10 <sup>th</sup>                                     | 2 Day ISA Level 1 Surf Coach Course<br><b>(TBC)</b>                      | Era & Surf'S Up Surf School Collab, Polzeath Beach, UK. |
| 11 <sup>th</sup> – 15 <sup>th</sup>                                    | 5 Day RLSS Beach Lifeguard Course<br><b>(TBC)</b>                        | Era & Surf'S Up Surf School Collab, Polzeath Beach, UK  |
| 13 <sup>th</sup> – 14 <sup>th</sup>                                    | 2 Day ISA Level 1 Surf Coach Course                                      | Unstad Artic Surf Camp, Lofoten, Norway                 |
| 15 <sup>th</sup> – 16 <sup>th</sup>                                    | 2 Day ILS Aquatic Rescue & Water Safety                                  | Unstad Artic Surf Camp, Lofoten, Norway                 |



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|  |  |   |
|--|--|---|
| 17 <sup>th</sup> – 19 <sup>th</sup>  | 3 Day ISA Level 2 Surf Coach Course                                      | Unstad Artic Surf Camp, Lofoten, Norway |
| 23 <sup>rd</sup> – 24 <sup>th</sup>  | ISA Level 1 Surf Coach   | Fistral Beach, Newquay, UK              |
| 25 <sup>th</sup> – 27 <sup>th</sup>  | SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course                      | Fistral Beach, Newquay, UK              |
| 25 <sup>th</sup> – 29 <sup>th</sup><br>27 <sup>th</sup> - 29 <sup>th</sup> | 5 Day RLSS NVBLQ Beach Lifeguard<br>3 Day Refresher RLSS Beach Lifeguard | Fistral Beach, Newquay, UK              |
| 30 <sup>th</sup> May – 1 <sup>st</sup> June                                | ISA Level 2 Surf Coach   | Fistral Beach, Newquay, UK              |

|   |   |                                      |
|---|---|--------------------------------------|
| <b>JUNE</b>   |   |                                      |
| 6 <sup>th</sup> – 7 <sup>th</sup>   | 2 Day ISA Level 1 Surf Coach Course                 | Fistral Beach, Newquay, Cornwall, UK |
| 8 <sup>th</sup> – 10 <sup>th</sup>  | SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course | Fistral Beach, Newquay, Cornwall, UK |
| 8 <sup>th</sup> – 12 <sup>th</sup><br>10 <sup>th</sup> – 12 <sup>th</sup> | 5 Day RLSS NVBLQ Beach Lifeguard                    | Fistral Beach, Newquay, Cornwall, UK |



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|--|---|--------------------------------------|--|

|  |                                      |  |
|--|--------------------------------------|--|
|  | 3 Day Refresher RLSS Beach Lifeguard |  |
|--|--------------------------------------|--|

| JULY                               |  |                                      |
|------------------------------------|--|--------------------------------------|
| 4 <sup>th</sup> – 5 <sup>th</sup>  | ISA Level 1 Surf Coach Course          | Fistral Beach, Newquay, Cornwall, UK |
| 6 <sup>th</sup> – 8 <sup>th</sup>  | 3 Day SLSGB Surf Coach safety & Rescue | Fistral Beach, Newquay, Cornwall, UK |
| 6 <sup>th</sup> – 10 <sup>th</sup> | 5 Day RLSS NVBLQ Beach Lifeguard       | Fistral Beach, Newquay, Cornwall, UK |
| 8 <sup>th</sup> – 10 <sup>th</sup> | 3 Day Refresher RLSS Beach Lifeguard   |                                      |
| <b>AUGUST</b>                      | <b>No Courses</b>                      | <b>No Courses</b>                    |



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|--|---|--------------------------------------|--|

| <b>SEPTEMBER</b>                    |   |                                      |
|-------------------------------------|---|--------------------------------------|
| 8 <sup>th</sup> – 9 <sup>th</sup>   | ISA Level 1 Surf Coach Course           | Baleal Surf Camp, Peniche Portugal   |
| 10 <sup>th</sup> – 11 <sup>th</sup> | ILS / ISA Aquatic Rescue & Water Safety | Baleal Surf Camp, Peniche Portugal   |
| 19 <sup>th</sup> – 20 <sup>th</sup> | ISA Level 1 Surf Coach Course           | Fistral Beach, Newquay, Cornwall, UK |
| 21 <sup>st</sup> – 23 <sup>rd</sup> | 3 Day SLSGB Surf Coach safety & Rescue  | Fistral Beach, Newquay, Cornwall, UK |
| 21 <sup>st</sup> – 25 <sup>th</sup> | 5 Day RLSS NVBLQ Beach Lifeguard        | Fistral Beach, Newquay, Cornwall, UK |
| 23 <sup>rd</sup> – 25 <sup>th</sup> | 3 Day Renewal RLSS NVBLQ                | Fistral Beach, Newquay, Cornwall, UK |



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|--|---|--------------------------------------|--|
|--|---|--------------------------------------|--|

| <b>OCTOBER</b>                      |  |                                      |
|-------------------------------------|--|--------------------------------------|
| 2 <sup>nd</sup> – 4 <sup>th</sup>   | 3 Day ISA Level 2 Surf Coach           | Fistral Beach, Newquay, Cornwall, UK |
| 5 <sup>th</sup> – 7 <sup>th</sup>   | 3 Day SLSGB Surf Coach safety & Rescue | Fistral Beach, Newquay, Cornwall, UK |
| 7 <sup>th</sup> – 9 <sup>th</sup>   | 3 Day Renewal RLSS NVBLQ               | Fistral Beach, Newquay, Cornwall, UK |
| 10 <sup>th</sup> – 11 <sup>th</sup> | 2 Day ISA Level 1 Surf Coach           | Online                               |
| 24 <sup>th</sup> – 25 <sup>th</sup> | 2 Day ISA Level 1 Surf Coach           | Fistral Beach, Newquay, Cornwall, UK |
| 26 <sup>th</sup> – 28 <sup>th</sup> | 3 Day SLSGB Surf Coach safety & Rescue | Fistral Beach, Newquay, Cornwall, UK |
| 26 <sup>th</sup> – 30 <sup>th</sup> | 5 Day RLSS NVBLQ Beach Lifeguard       | Fistral Beach Newquay, Cornwall, UK  |
| 28 <sup>th</sup> – 30 <sup>th</sup> | 3 Day Refresher RLSS Beach Lifeguard   |                                      |



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|---|--|---|---|

| NOVEMBER   |  |   |
|--|--|---|
| 14 <sup>th</sup> – 15 <sup>th</sup>  | ISA Level 1 Surf Coach   | Online                                    |
| 23 <sup>rd</sup> – 27 <sup>th</sup><br>25 <sup>th</sup> – 27 <sup>th</sup> | 5 Day RLSS NVBLQ Beach Lifeguard<br>3 Day Refresher RLSS Beach Lifeguard | Fistral Beach,<br>Newquay, Cornwall<br>UK |
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|--|---|---|--|

| DECEMBER   |   |  |
|--|---|--|
| 8 <sup>th</sup> – 15 <sup>th</sup>   | First Aid at Work FAW Course<br>Ski & Snowboard Instructors           | Soldeu, Andorra                            |
| 7 <sup>th</sup> – 11 <sup>th</sup><br><br>9 <sup>th</sup> – 11 <sup>th</sup> | 5 Day RLSS Beach Lifeguard<br>3 Day Refresher RLSS Beach<br>Lifeguard | Fistral Beach,<br>Newquay, Cornwall,<br>UK |

**Merry Christmas & Happy  
New year from the Era  
Team!!**