



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

DATE	COURSE	VENUE
<b>JANUARY</b>	<b>2026</b>	<b>2026</b>
3 <sup>rd</sup> – 4 <sup>th</sup>	ISA Level 1 Surf Coach Award	Online
12 <sup>th</sup> - 13 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Magnific Rock, Popoyo, Nicaragua
14 <sup>th</sup> – 15 <sup>th</sup>	2 Day ISA/ILS Aquatic Rescue & Water Course	Magnific Rock, Popoyo, Nicaragua
16 <sup>th</sup> – 18 <sup>th</sup>	3 Day ISA Level 2 Surf Coach Course	Magnific Rock, Popoyo, Nicaragua
31 <sup>st</sup> Jan – 1 <sup>st</sup> Feb	ISA Level 1 Surf Coach Course	Online
<b>FEBRUARY</b>		
16 <sup>th</sup> – 20 <sup>th</sup> 18 <sup>th</sup> – 20 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
28 <sup>th</sup> Feb – 1 <sup>st</sup> March	ISA Level 1 Surf Coach Award	Online



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

MARCH		
10 <sup>th</sup> – 11 <sup>th</sup>	ISA Level 1 Surf Coach Course	Salty Jackal, Skeleton Bay Namibia
12 <sup>th</sup> - 13 <sup>th</sup>	2 Day ISA/ILS Aquatic Rescue & Water Course	Salty Jackal, Skeleton Bay Namibia
14 <sup>th</sup> – 16 <sup>th</sup>	3 Day ISA Level 2 Surf Coach Course	Salty Jackal, Skeleton Bay Namibia
23 <sup>rd</sup> – 27 <sup>th</sup> 25 <sup>th</sup> – 27 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
28 <sup>th</sup> – 29 <sup>th</sup>	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

APRIL		
4 <sup>th</sup> – 5 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
6 <sup>th</sup> – 8 <sup>th</sup>	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, Cornwall, UK
6 <sup>th</sup> – 10 <sup>th</sup>  8 <sup>th</sup> – 10 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Renewal RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
14 <sup>th</sup> – 15 <sup>th</sup>	ISA Level 1 Surf Coach Course	Baleal Surf Camp Peniche, Portugal
16 <sup>th</sup> – 17 <sup>th</sup>	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp Peniche, Portugal
18 <sup>th</sup> – 20 <sup>th</sup>	ISA Level 2 Surf Coach Course	Baleal Surf Camp Peniche, Portugal
25 <sup>th</sup> – 27 <sup>th</sup>	3 Day ISA Level 2 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

MAY		
2 <sup>nd</sup> – 3 <sup>rd</sup>	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, UK
4 <sup>th</sup> – 6 <sup>th</sup>	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, UK
4 <sup>th</sup> – 8 <sup>th</sup> 6 <sup>th</sup> – 8 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, UK
9 <sup>th</sup> – 10 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course (TBC)	Era & Surf's Up Surf School Collab, Polzeath Beach, UK.
11 <sup>th</sup> – 15 <sup>th</sup>	5 Day RLSS Beach Lifeguard Course (TBC)	Era & Surf's Up Surf School Collab, Polzeath Beach, UK
13 <sup>th</sup> – 14 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Unstad Artic Surf Camp, Lofoten, Norway
15 <sup>th</sup> – 16 <sup>th</sup>	2 Day ILS Aquatic Rescue & Water Safety	Unstad Artic Surf Camp, Lofoten, Norway
17 <sup>th</sup> – 19 <sup>th</sup>	3 Day ISA Level 2 Surf Coach Course	Unstad Artic Surf Camp, Lofoten, Norway



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

May		
23 <sup>rd</sup> – 24 <sup>th</sup>	ISA Level 1 Surf Coach	Fistral Beach, Newquay, UK
25 <sup>th</sup> – 27 <sup>th</sup>	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, UK
25 <sup>th</sup> – 29 <sup>th</sup> 27 <sup>th</sup> - 29 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, UK
30 <sup>th</sup> May – 1 <sup>st</sup> June	ISA Level 2 Surf Coach	Fistral Beach, Newquay, UK

JUNE		
6 <sup>th</sup> – 7 <sup>th</sup>	2 Day ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
8 <sup>th</sup> – 10 <sup>th</sup>	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, Cornwall, UK
8 <sup>th</sup> – 12 <sup>th</sup> 10 <sup>th</sup> – 12 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

JULY		
4 <sup>th</sup> – 5 <sup>th</sup>	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
6 <sup>th</sup> – 8 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
6 <sup>th</sup> – 10 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
8 <sup>th</sup> – 10 <sup>th</sup>	3 Day Refresher RLSS Beach Lifeguard	
<b>AUGUST</b>	<b>No Courses</b>	<b>No Courses</b>



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

SEPTEMBER		
8 <sup>th</sup> – 9 <sup>th</sup>	ISA Level 1 Surf Coach Course	Baleal Surf Camp, Peniche Portugal
10 <sup>th</sup> – 11 <sup>th</sup>	ILS / ISA Aquatic Rescue & Water Safety	Baleal Surf Camp, Peniche Portugal
19 <sup>th</sup> – 20 <sup>th</sup>	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
21 <sup>st</sup> – 23 <sup>rd</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
21 <sup>st</sup> – 25 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK
23 <sup>rd</sup> – 25 <sup>th</sup>	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

OCTOBER		
2 <sup>nd</sup> – 4 <sup>th</sup>	3 Day ISA Level 2 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
5 <sup>th</sup> – 7 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
7 <sup>th</sup> – 9 <sup>th</sup>	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK
10 <sup>th</sup> – 11 <sup>th</sup>	2 Day ISA Level 1 Surf Coach	Online
24 <sup>th</sup> – 25 <sup>th</sup>	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
26 <sup>th</sup> – 28 <sup>th</sup>	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
26 <sup>th</sup> – 30 <sup>th</sup> 28 <sup>th</sup> – 30 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach Newquay, Cornwall, UK





## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

NOVEMBER		
14 <sup>th</sup> – 15 <sup>th</sup>	ISA Level 1 Surf Coach	Online
23 <sup>rd</sup> – 27 <sup>th</sup> 25 <sup>th</sup> – 27 <sup>th</sup>	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall UK
28 <sup>th</sup> – 29 <sup>th</sup>	ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall UK



## ILS Beach Lifeguard – IQL QUAL First Aid - ISA Surf Coach Course Dates 2026

### Colour Code for Courses

ISA Surf & SUP Coach Courses Attendance required	RLSS Beach Lifeguard and SLSGB SCSR Courses	First Aid & Medical Training Courses	ISA Overseas, Online & Private Courses
--	---	---	--

DECEMBER		
8 <sup>th</sup> – 15 <sup>th</sup>	First Aid at Work FAW Course Ski & Snowboard Instructors	Soldeu, Andorra
7 <sup>th</sup> – 11 <sup>th</sup> 9 <sup>th</sup> – 11 <sup>th</sup>	5 Day RLSS Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay, Cornwall, UK

**Merry Christmas & Happy  
New year from the Era  
Team!!**