



Beach Lifeguard Training



Beach Lifeguard – OFQUAL First Aid - ISA Surf Coach Course Dates 2019

Colour Code for Courses

ISA Surf & SUP Coach Courses	Beach Lifeguard Courses	First Aid Courses
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DATE	COURSE	VENUE
JANUARY	2019	2019
5 th – 6 th	2 Day ISA Level 1	Boa Vista Cape Verde
7 th – 11 th	5 Day RLSS NVBLQ Beach Lifeguard	Boa Vista Cape Verde
18 th – 20 th	3 Day ISA Level 2	Fistral Beach
21 st – 25 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach
FEBRUARY		
6 th	Emergency First at Work 1 Day	Fistral Beach, Newquay
6 th – 8 th	First Aid at Work 3 Day	
18 th – 22 nd	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
20 th – 22 nd	3 Day Refresher RLSS Beach Lifeguard	
23 rd – 24 th	2 Day ISA Level 1	Fistral Beach, Newquay

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MARCH		
2 nd – 3 rd	2 Day ISA Level 1	Fistral Beach, Newquay
4 th – 8 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
6 th – 8 th	3 Day Refresher RLSS Beach Lifeguard	
9 th – 10 th	2 Day ISA Level 1	Baleal Surf Camp, Peniche, Portugal
11 th – 15 th	5 Day RLSS NVBLQ Beach Lifeguard	Baleal Surf Camp, Peniche, Portugal
13 th – 15 th	3 Day Refresher RLSS Beach Lifeguard	
16 th – 18 th	3 Day ISA Level 2	Baleal Surf Camp, Peniche, Portugal
23 rd – 24 th	2 Day ISA Level 1	Fistral Beach, Newquay
25 th – 29 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
27 th – 29 th	3 Day Refresher RLSS Beach Lifeguard	
30 th - 1 st April	3 Day ISA Level 2	Fistral Beach, Newquay



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APRIL		
3 rd	Emergency First at Work 1 Day	Fistral Beach, Newquay
3 rd – 5 th	First Aid at Work 3 Day	
6 th – 7 th	2 Day ISA Level 1	Fistral Beach, Newquay
8 th – 12 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
10 th – 12 th	3 Day Refresher RLSS Beach Lifeguard	
16 th – 17 th	2 Day ISA Level 1	Rapture Surf Camp, Playa Maderas, Nicaragua
18 th – 22 nd	5 Day RLSS NVBLQ Beach Lifeguard	Rapture Surf Camp, Playa Maderas, Nicaragua
20 th – 22 nd	3 Day Refresher RLSS Beach Lifeguard	
29 th – 1 st May	3 Day ISA Level 2	Fistral Beach, Newquay



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MAY		
6 th – 10 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay
11 th – 12 th	2 Day ISA Level 1	Fistral Beach, Newquay
13 th – 15 th	3 Day SLSGB Surf Coach Safety & Rescue	Fistral Beach, Newquay
25 th – 26 th	2 Day ISA Level 1	Fistral Beach, Newquay
27 th – 31 st	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
29 th – 31 st	3 Day Refresher RLSS Beach Lifeguard	



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JUNE		
3 rd	Emergency First at Work 1 Day	Fistral Beach, Newquay
3 rd – 5 th	First Aid at Work 3 Day	
8 th – 9 th	2 Day ISA Level 1	Fistral Beach, Newquay
10 th – 14 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
12 th – 14 th	3 Day Refresher RLSS Beach Lifeguard	
22 nd – 23 rd	2 Day ISA Level 1	Fistral Beach, Cornwall
24 th – 28 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Cornwall
26 th – 28 th	3 Day Refresher	
29 th – 30 th	2 Day ISA SUP Flat Water Instructor	Fistral Beach, Newquay



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JULY		
1 st – 5 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
3 rd – 5 th	3 Day Refresher RLSS Beach Lifeguard	
6 th – 7 th	2 Day ISA Level 1	Fistral Beach, Newquay
8 th – 12 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
10 th – 12 th	3 Day Refresher RLSS Beach Lifeguard	
AUGUST	NO COURSES	NO COURSES
SEPTEMBER		
4 th	Emergency First at Work 1 Day	Fistral Beach, Newquay
4 th – 6 th	First Aid at Work 3 Day	
7 th – 8 th	2 Day ISA Level 1	Fistral Beach, Newquay
9 th – 13 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay
11 th – 13 th	3 Day Refresher RLSS Beach Lifeguard	
14 th – 15 th	2 Day ISA SUP Flat Water Instructor	Fistral Beach, Newquay
27 th – 29 th	3 Day ISA Level 2	Fistral Beach



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OCTOBER		
2 nd – 4 th	Emergency First at Work 1 Day First Aid at Work 3 Day	Fistral Beach, Newquay
5 th – 6 th	2 Day ISA Level 1	Fistral Beach, Newquay
7 th – 11 th 9 th – 11 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay
16 th – 18 th	3 Day SLSGB Surf Coach Safety & Rescue Award	Fistral Beach, Newquay
19 th – 20 th	2 Day ISA Level 1	Fistral Beach, Newquay
21 st – 25 th 23 rd – 25 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach, Newquay
28 th – 29 th	2 Day ISA Level 1	Baleal Surf Camp, Peniche, Portugal



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NOVEMBER		
30 th Oct – 3 rd Nov	5 Day RLSS NVBLQ Beach Lifeguard	Baleal Surf Camp, Peniche, Portugal
16 th – 17 th	2 Day ISA Level 1	Rapture Surf Camp Playa Maderas Nicaragua
18 th – 19 th	2 Day ISA ILS Aquatic Rescue & Safety	Rapture Surf Camp Playa Maderas Nicaragua
18 th – 22 nd	5 Day RLSS NVBLQ Beach Lifeguard	Rapture Surf Camp Playa Maderas Nicaragua
23 rd – 25 th	3 Day ISA Level 2	Rapture Surf Camp Playa Maderas Nicaragua
26 th – 27 th	2 Day ISA ILS Aquatic Rescue & Safety	Rapture Surf Camp Playa Maderas Nicaragua
26 th – 30 th	5 Day RLSS NVBLQ Beach Lifeguard	Rapture Surf Camp Playa Maderas Nicaragua



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DECEMBER	2018	2018
4 th 4 th – 6 th	Emergency First at Work 1 Day First Aid at Work 3 Day	Fistral Beach, Newquay
8 th – 9 th	2 Day ISA/SGB Level 1	Fistral Beach
10 th – 14 th 12 th – 14 th	5 Day RLSS Beach Lifeguard 3 Day Refresher RLSS Beach Lifeguard	Fistral Beach